



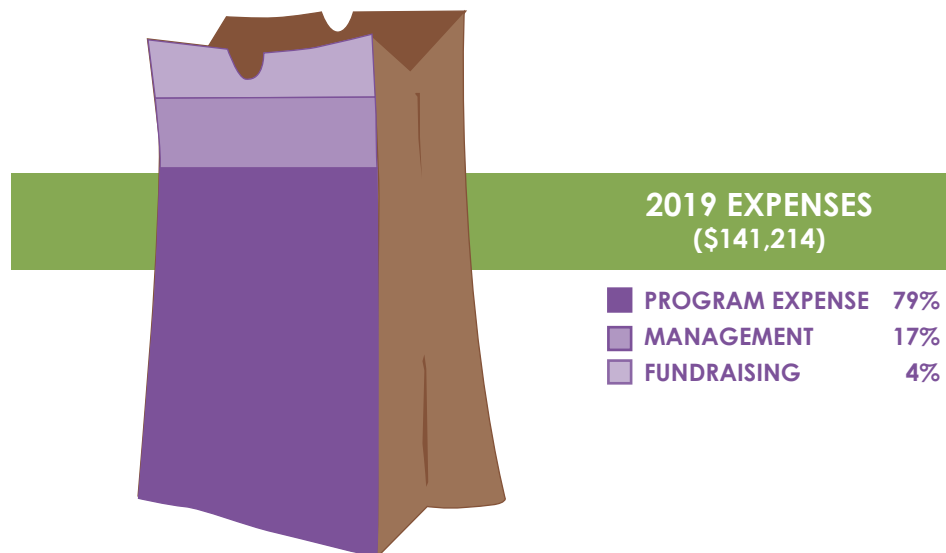
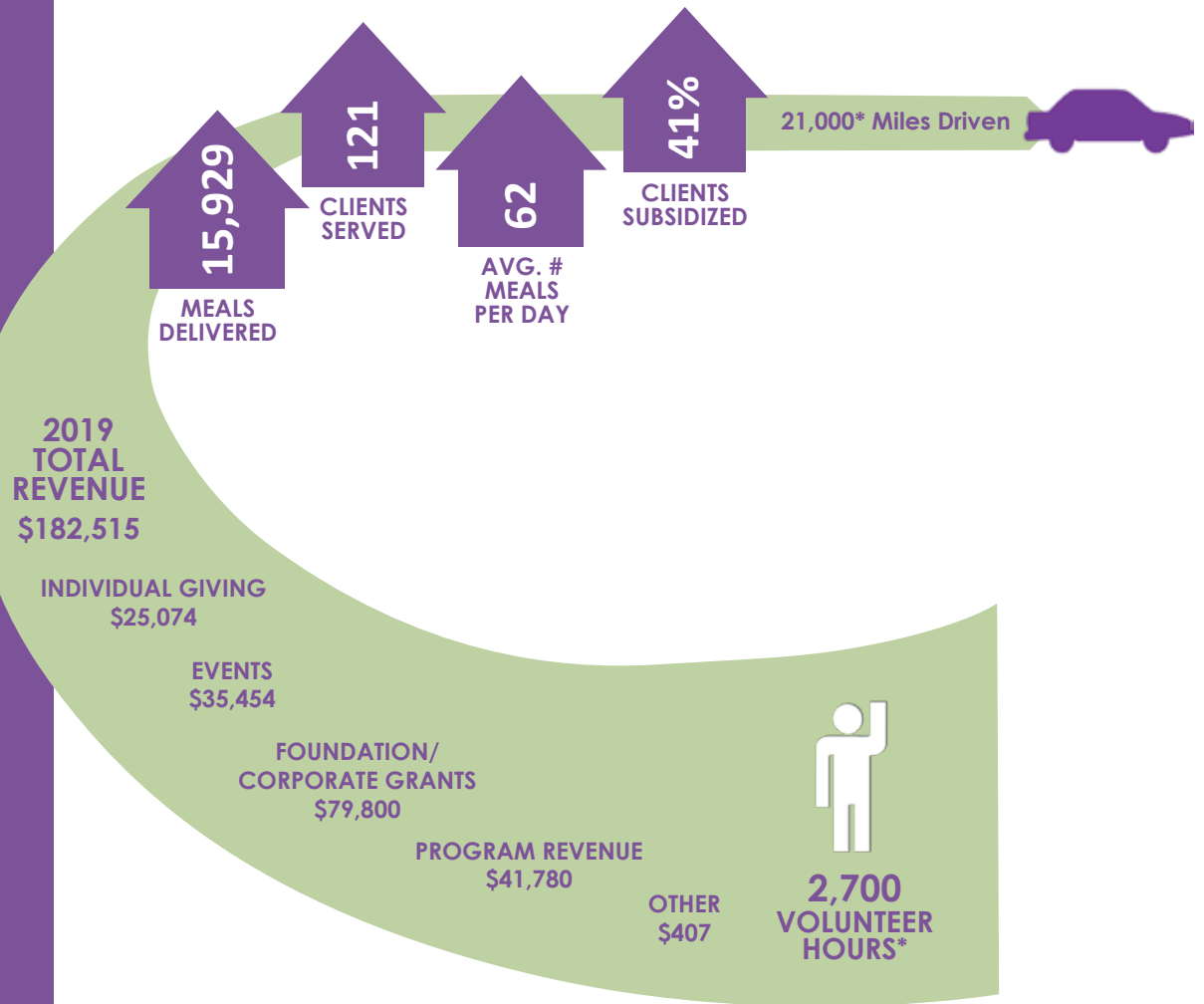
# 2019 Annual Report

CHMOW delivers two fresh meals a day (a cold lunch and a hot dinner), five days a week, 52 weeks a year. Our caring and committed volunteers deliver not only delicious meals but also special holiday treats donated by community schools and groups, thoughtful cards and gifts on birthdays, and the local newspaper every Wednesday. But most importantly, CHMOW volunteers provide clients and their loved ones (sometimes living miles away) with the reassurance of at least one daily caring connection to the outside world, supporting the desire to continue to live independently.

**Where We Serve:** Chestnut Hill Meals on Wheels is a nonprofit, community based service organization providing affordable quality meals to our homebound neighbors in Chestnut Hill, Mt. Airy, Erdenheim, Flourtown, Oreland, Wyndmoor, Cedarbrook, Wyncote, Glenside, Lafayette Hill, Fort Washington and Germantown.

**Who We Serve:** Anyone who is challenged by the preparation of nutritious meals, regardless of age or income, whose access to food sources is either temporarily or permanently limited due to age, disability, or recuperation from illness or surgery, is eligible to participate in our meal delivery program.

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\* approximate